

Appreciative communication

Successful communication is one of the most important principles for effective teamwork. The key is to communicate in an appreciative way, not by devaluing others but by understanding their point of view. This leads to cooperation, to joint thinking, i.e. concretely to team meetings, where ideas are developed together and everyone can contribute his or her potential.

The Lunch Lecture presents two approaches on how to live appreciative communication in one's own team. The goal is on the one hand to encourage colleagues to contribute constructively, and on the other hand to address conflicts in a solution-oriented manner.