



# Mentoring programme for young researchers of the integrated Research Training Group of the CRC Roseobacter and RTG "Molecular basis of sensory biology"

## 10-2020 - 11-2021



Forschungszentrum Neurosensorik

Carl von Ossietzky Universität Oldenburg







### Target group:

 Female and male doctorate students from the integrated Research Training Group of the CRC Roseobacter and RTG "Molecular basis of sensory biology".





## What is a mentoring?

- An older and experienced mentor shares knowledge with you and supports you in finding your personal career
- The mentor is like a wise person, who you can ask all about the profession and career you like to reach

### Concept

- Young researchers actively address their career options
- Methods for career development
- Networking strategies











# Mentoring – time and effort

- Mentor-Mentee relationship:
  - finding a mentor
  - monthly meetings with the mentor (~ 2 hours)
  - two group Workshops (1,5 2 days)
  - two day (or half day) Meetings

 $\rightarrow$  5 days workshop time

- If wanted: further thematical workshops
- 2 optional evening talks (Fire side chat) (2 hours)
- Individual coaching (1 hour)
- ... and even 6 Credit points





# Application

- Motivation letter and CV
- Sent the application to the coordinator of the PhD programme
- Deadline: September
  2020

### Dr. Ferdinand Esser

Coordinator Research Training Group SFB TRR-51 "Roseobacter"

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### Dr. Kristin Tietje Coordinator GRK "Molecular Basis of Sensory Biology"

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## **Programme instructor**

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