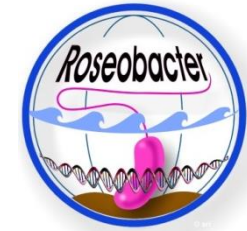


Mentoring programme
for young researchers
of the
integrated Research Training Group
of the CRC Roseobacter
and PhD programme “Environmental Sciences and
Biodiversity”, OL



10-2016 – 11-2017

17. Oct. 2016

Target group:

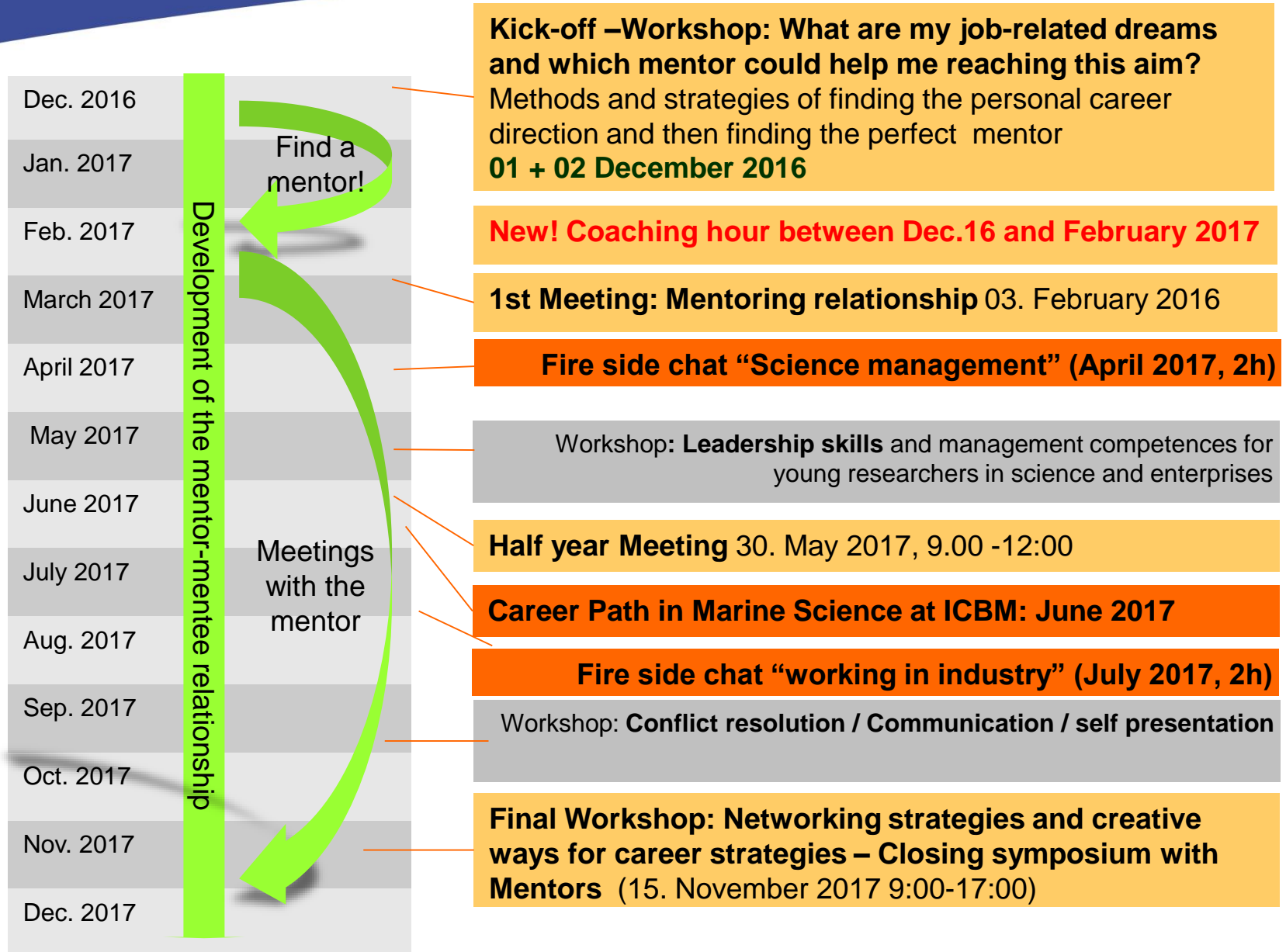
- Female and male doctorate students from the integrated **Research Training Group of the CRC Roseobacter** and **PhD programme** “**environmental sciences and biodiversity**”.

What is a mentoring?

- An older and experienced mentor shares knowledge with you and supports you in finding your personal career
- The mentor is like a wise person, who you can ask all about the profession and career you like to reach

Concept

- Young researchers actively address their career options
- Methods for career development
- Networking strategies



Mentoring – time and effort

- **Mentor-Mentee relationship:**
 - finding a mentor
 - monthly meetings with the mentor (~ 2 hours)
 - two group Workshops (1,5 days)
 - two half-day Meetings
- If wanted: further thematical **workshops**
- 2 optional evening **talks** (2 hours)
- Individual **coaching** (1 hour)

... and even 6 Credit
points



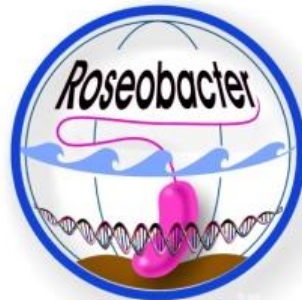
Application

- Motivation letter and CV
- Sent the application to the coordinator of the PhD programme
- **Deadline: 10th of November 2016**

Ferdinand Esser

Coordinator Research Training Group
SFB TRR-51 "Roseobacter"

ferdinand.esser@uni-oldenburg.de



Programme instructor

Nadja Plothe, Bremen, Trainer and coach

<http://www.nadja-plothe.de/>

