



# INTERNATIONAL STUDENT HANDBOOK

OFFICE OF INTERNATIONAL  
PROGRAMS, HOGGARD HALL 160,  
WILMINGTON, NC 28403





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Dear Global Seahawks,

The Office of International Students & Scholars (OISS) fosters globalization at UNCW by recruiting, admitting, welcoming, supporting, engaging, and advocating for UNCW's community of international students and scholars. We are so excited that you have decided to join our UNCW community!

OISS provides:

1. [Advice on federal immigration regulations for foreign students](#), visiting scholars, and employees on our visa sponsorship (F, J, H1-B, and LPR)
2. [Transitions support to life in the United States](#), while addressing the unique needs of international students and scholars
3. [Coordination of events and programs](#) to engage the international scholars with the broader community to promote a global culture throughout our campus
4. [Service to the campus community](#) in an administrative and advisory capacity

[Schedule an appointment with OISS here](#)





**J-1 Exchange:** The following brochures are here to help you understand your rights and responsibilities as a J-1 exchange visitor:

- **Exchange Visitor Brochure:**  
<https://j1visa.state.gov/wp-content/uploads/2015/03/Brochure-The-Exchange-Visitor-Program.pdf>
- **Wilberforce Pamphlet:**  
<https://travel.state.gov/content/dam/visas/LegalRightsandProtections/Wilberforce/Wilberforce-ENG-100116.pdf>



## Applying for a Social Security Number

**F-1 Students** (may *only* apply for a SSN if they have an offer of employment)

1. Have your UNCW employer sign the [F-1 SSN Memo](#)
2. Once the form is signed by your UNCW employer, have the form signed by the Office of International Programs
3. Take all immigration documents (passport, I-20, and I-94\*) along with the completed *F-1 SSN Memo* to the Social Security Office

\*You can print your I-94 from this website: <https://i94.cbp.dhs.gov/>

**J-1 Students/Scholars**

1. Have the *J-1 SSN Memo* signed by the Office of International Programs
2. Take all immigration documents (passport, DS-2019, and I-94\*) along with the completed *J-1 SSN Memo* to the Social Security Office

\*You can print your I-94 from this website: <https://i94.cbp.dhs.gov/>

### Social Security Office

Phone Number: 1-866-964-6227

Hours: Monday-Friday 9 AM-4 PM (12 PM on Wednesday)

Address 1528 South 16<sup>th</sup> Street, Wilmington, NC 28401

### Important Tips

1. Be sure to ask for a receipt showing you applied for an SSN. To obtain your SSN, you can return to the Social Security Office the following day with the receipt and your passport and be given your SSN. Your Social Security Card, however, will arrive in the mail in about two weeks.
2. Visit the Social Security Office on Tuesdays, Wednesdays, and Thursdays for quicker service. Also, avoid the start and the end of the month as those are peak times.
3. If you have issues with your application, speak with the Office of International Programs as we can work with the Office Manager to clarify issues/ rectify problems.
4. Although often requested, SSNs are NOT required to apply for a driver's license, to open a bank account, rent an apartment, or obtain a cell phone. International students need to be assertive and remind these offices the law does not require an SSN for any of these services.



J-1 (EXCHANGE)  
EMPLOYMENT  
CLICK HERE



F-1 (DEGREE)  
EMPLOYMENT  
CLICK HERE



Below you will find some valuable information from PERCH, which is support for off-campus, non-traditional, and graduate students at UNCW through the Office of the Dean of Students.

#### Off-Campus Housing Assistance

You should begin by visiting the UNCW Off-Campus Housing Website  
<https://offcampushousing.uncw.edu/>

OISS resource information on UNCW Off-Campus Housing:  
<https://uncw.edu/international/iiss/resourcesmain.html>

This website includes:

- Apartment complexes and single-family homes
- You can filter by number of bedrooms, bathrooms, and cost
- A list of amenities, map of your commute to campus, and if it is within the 1-mile radius

#### Short-Term Leases

Many international visitors only plan to stay for one semester, requiring a short-term housing lease. If you need a short-term lease, be sure to ask if it is offered and what the rate is per month.

#### Lack of Social Security Numbers

The lack of a social security number is sometimes a challenge for international renters. However, some apartments or real estate companies are willing to work with international tenants by:

- Accepting a valid passport number, an individual taxpayer identification number or visa number instead of a social security number
- Requiring a co-signer on the lease
- Requiring payment of additional security deposits or payment of application fees

#### Off-Campus Safety

You can access the Wilmington Crime reports over the last 30 days:  
<https://www.starnewsonline.com/crimemap>



## After-Hours Care

**AccessOrtho Orthopedic Urgent Care**, 4815 Oleander Drive, Wilmington, NC 28403, (910) 332-3800

*\*AccessOrtho treats fractured/broken bones, muscle, pain, sport-related injuries, and other issues related to bones, muscles, or ligaments.*

**CVS Minute Clinic**, 6901 Market Street, Wilmington, NC 28411, (910) 395-5373

**Dawson Street Urgent Care**, 608 Dawson Street, Wilmington, NC 28401, (910) 667-0470

**Masonboro Urgent Care**, 6132 Carolina Beach Road, Wilmington, NC (910) 794-4947

**Medac Urgent Care-Monkey Junction**, 5245 South College Road, Wilmington, NC, (910) 392-7806

**NextCare Urgent Care**, 4815 Oleander Drive, Wilmington, NC, (888) 381-4858

**NHRMC ExpressCare**, 510 Carolina Bay Drive, Wilmington, NC (910) 662-6700

**Port City Urgent Care and Family Practice**, 706 South College Road, Wilmington, NC, 28403, (910) 798-2212

**Shipyard Medical Center**, 2632 Carolina Beach Road #3, Wilmington, NC 28403, (910) 794-3939

## Hospitals

**Emergency Service and New Hanover Regional Medical Center**, 2131 South 17<sup>th</sup> Street, Wilmington, NC (910) 667-7000

**NHRMC Orthopedic Hospital**, 5301 Wrightsville Avenue, Wilmington, NC 28403, (910) 452-8100



## Clinics for Children

**KidzCare Pediatrics PC**, 3505 Converse Drive Suite 200, Wilmington, NC, (910) 392-5634

**Carolina Pediatrics of Wilmington**, 715 Medical Center Drive, Wilmington, NC 28401, (910) 763-2476

## Dentists

**DentalWorks: Yabanez Benson J, DDS**, 5225 Sigmon Road, Wilmington, NC, 28403, (910) 332-4980

**Eric and Casey Burns, DDS**, 4914 Randall Parkway, Wilmington, NC 28403, (910) 799-9059

**French Family Dentistry**, 6620 Gordon Road, Wilmington, NC 29411, (910) 794-5500

**Kuzma Advanced Dentistry**, 3505 Converse Drive Suite 100, Wilmington, NC 28403, (910) 392-6060

**Picklesimer & Plasky: Plasky Leslie P DDS**, 4719 College Acres Drive, Wilmington, NC 28403, (910) 799-2238

**Port City Dental**, 4622 Oleander Drive, Wilmington, NC 28403, (910) 399-1127

**Port City Family & Cosmetic Dentistry**, 4700 New Center Drive, Wilmington, NC 28405, (910) 251-8174

**Racine Dental Care**, 215 Racine Drive Suite 102, Wilmington, NC 28403, (910) 332-0687

# Transportation

UNCW Office of International Students & Scholars

## Shuttle Information

1. On-Campus Shuttle Schedule:  
[https://uncw.edu/transportation/documents/uncw\\_shuttle\\_aug19-web-oncampus.pdf](https://uncw.edu/transportation/documents/uncw_shuttle_aug19-web-oncampus.pdf)
2. Off-Campus Shuttle Schedule:  
[https://uncw.edu/transportation/documents/uncw\\_shuttle\\_aug19-web-offcampus.pdf](https://uncw.edu/transportation/documents/uncw_shuttle_aug19-web-offcampus.pdf)

## On-Campus Parking

- Map of parking zones:  
[https://uncw.edu/parking/documents/parking\\_map\\_student\\_2019-2020.pdf](https://uncw.edu/parking/documents/parking_map_student_2019-2020.pdf)

## UNCW Bike Share Program

- General Information: <https://uncw.edu/transportation/bikes.html>

## North Carolina DMV

- General information:  
<https://www.ncdot.gov/dmv/license-id/driver-licenses/Pages/default.aspx>
- Title & Registration:  
<https://www.ncdot.gov/dmv/title-registration/Pages/default.aspx>

## WAVE

- WAVE routes and schedule:  
<https://www.wavetransit.com/wp-content/uploads/2018/03/WAVE-SystemMap-Mar18.pdf>

## **Obtaining a NC Driver's License or ID Card**

Good news! You do NOT need a Social Security Number to obtain a NC Driver's License or ID. If you plan to drive in the USA, you must obtain a US license within [60 days of establishing residence in NC](#).

To obtain a license, you must present the follow documents:

**1. Proof of age and identity**

This can be obtained from your passport

**2. Proof of legal presence (in lieu of providing a Social Security Number)**

- This can be obtained from your I-94 print-out (<https://i94.cbp.dhs.gov/i94/#/home#section>), plus your I-20 (F1 students) or DS-2019(J1 students)
- If you have a SSN, also bring your social security card (but again, a SSN is NOT required)

**3. Proof of residency in North Carolina**

- You may use your UNCW on-campus housing contract to prove your local address. You can ask for a copy of your UNCW housing contract from the Housing and Residence Life Office. You may also use a utility bill, apartment lease, etc.
- Note that the DMV requires a physical address (not a PO Box) for their database. As such, if your use your UNCW address, make sure it's in the proper format (i.e. 601 S College Rd, UNCW Station-CB#, zip code with 4 extra digits, etc.)
- Example:

Students Complete Name  
University Suites P RM 207a  
UNCW Station- CB#\_---  
601 S College Rd  
Wilmington, NC 28407-\_\_\_\_\_

**4. Proof of car liability insurance (ONLY if you are getting a Driver's License, not required for ID cards)**

- Your insurance agent can provide this for you. While we can't recommend one agency over the other, here are three insurance companies you can call/visit to get quotes:

**Able Auto Insurance**  
4209 Oleander Drive  
Wilmington, NC  
(910) 452-4333

**Allstate insurance**  
413 South College Road  
Wilmington, NC  
(910) 392-2484

**State Farm Insurance**  
432 Eastwood Road #100  
Wilmington, NC  
(910) 798-2460

**Driver's Test and License Fees:** <https://www.ncdot.gov/dmv/license-id/driver-licenses/Pages/licenses-fees.aspx>

**Local Driver's License offices:**

Wilmington-North  
**(910) 350-2005**  
1 Station Rd (on Market Street just south of Gordon Road)

Wilmington South,  
**(910) 251-5747** or **(910) 251-5748**  
2390 Carolina Beach Rd

## Information for Opening a Banking Account

	Bank of America	BB&T	Wells Fargo
<b>How do you Open an Account?</b>	<ul style="list-style-type: none"> <li>Visit a Bank of America</li> <li>Have a primary &amp; secondary ID</li> <li>Social Security Number or ITIN is not required to open an account or to get a credit card</li> </ul>	<ul style="list-style-type: none"> <li>Visit a BB&amp;T location</li> <li>Have a primary &amp; secondary ID</li> <li>Social Security Number or ITIN is not required to open an account or to get a credit card</li> </ul>	<ul style="list-style-type: none"> <li>Visit a Wells Fargo location</li> <li>Have a primary &amp; secondary ID</li> <li>Social Security Number or ITIN is not required to open an account or to get a credit card</li> </ul>
<b>Primary ID Examples:</b>	<ul style="list-style-type: none"> <li>Foreign Passport</li> <li>Visa</li> </ul>	<ul style="list-style-type: none"> <li>Foreign Passport</li> <li>Visa</li> </ul>	<ul style="list-style-type: none"> <li>Foreign Passport</li> <li>Visa</li> </ul>
<b>Secondary ID Examples:</b>	<ul style="list-style-type: none"> <li>Student ID</li> <li>Foreign Passport</li> <li>Visa</li> <li>Foreign Driver's License</li> </ul>	<ul style="list-style-type: none"> <li>Student ID</li> <li>Foreign Passport</li> <li>Visa</li> <li>Foreign Driver's License</li> </ul>	<ul style="list-style-type: none"> <li>Foreign Passport</li> <li>Visa</li> <li>Foreign Driver's License</li> <li>Other government ID</li> </ul>
<b>Initial Deposit Amount:</b>	<ul style="list-style-type: none"> <li>Minimum- \$25, for an American Advantage Safe Balance Account</li> </ul>	<ul style="list-style-type: none"> <li>Minimum- \$50, for a fundamental account</li> </ul>	<ul style="list-style-type: none"> <li>Minimum- \$35, for a Wells Fargo Everyday Checking Account</li> </ul>
<b>How long does it take to open an account?</b>	<ul style="list-style-type: none"> <li>Depends on how busy the bank location is</li> <li>Usually takes between 30-45 minutes per account</li> </ul>	<ul style="list-style-type: none"> <li>Depends on how busy the bank location is</li> <li>Usually takes about 30-45 minutes per account</li> </ul>	<ul style="list-style-type: none"> <li>Depends on how busy the bank location is</li> <li>Usually takes about 30-45 minutes per account</li> </ul>
<b>Where can you open an account?</b>	<ul style="list-style-type: none"> <li>Any Bank of America Location</li> </ul>	<ul style="list-style-type: none"> <li>Any BB&amp;T location</li> </ul>	<ul style="list-style-type: none"> <li>Any Wells Fargo Location</li> </ul>
<b>Monthly Charge:</b>	<ul style="list-style-type: none"> <li>\$5 monthly maintenance fee for Bank of America Advantage SafeBalance Banking Account</li> <li>Fee is waived if customer is under 24 years old and enrolled in school</li> </ul>	<ul style="list-style-type: none"> <li>\$5 monthly for Fundamental checking account</li> <li>No monthly fee for a student account</li> </ul>	<ul style="list-style-type: none"> <li>\$10 monthly for everyday checking account</li> <li>Fee is waived for college students</li> </ul>
<b>Fee for an international wire transfer:</b>	<ul style="list-style-type: none"> <li>\$15 for incoming international wire transfer</li> <li>Additional fees may apply from home bank</li> </ul>	<ul style="list-style-type: none"> <li>\$18 for incoming international wire transfer</li> <li>Additional fees may apply from home bank</li> </ul>	<ul style="list-style-type: none"> <li>\$15 for incoming international wire transfer</li> <li>Additional fees may apply from home bank</li> </ul>
<b>ATM Locations:</b>	<ul style="list-style-type: none"> <li>There are thousands of Bank of America financial centers &amp; ATM's across the country</li> </ul>	<ul style="list-style-type: none"> <li>There are 3,100 BB&amp;T ATM's across country</li> </ul>	<ul style="list-style-type: none"> <li>There are thousands of Wells Fargo financial centers &amp; ATM's across country</li> </ul>
<b>How to close an Account:</b>	<ul style="list-style-type: none"> <li>Visit any Bank of America location in person with a valid ID card and the account can be closed</li> </ul>	<ul style="list-style-type: none"> <li>Visit any BB&amp;T location in person with a valid ID card and the account can be closed</li> </ul>	<ul style="list-style-type: none"> <li>Visit any Wells Fargo location in person with a valid ID card and the account can be closed</li> </ul>
<b>Bank contact information:</b>	<b>Noelle Mortensen</b> <a href="mailto:noelle.mortensen@bankofamerica.com">noelle.mortensen@bankofamerica.com</a>	<b>Jon Rooker</b> <a href="mailto:jrooker@bbandt.com">jrooker@bbandt.com</a>	<b>Michael McCoy</b> <a href="mailto:Michael.mccoyjr@wellsfargo.com">Michael.mccoyjr@wellsfargo.com</a>



## Pre-Paid Phone Plans & Options

	AT&T	US Cellular	Boost Mobile	Straight Talk
<b>\$60 a Month Plan:</b>	<ul style="list-style-type: none"> <li>No</li> </ul>	<ul style="list-style-type: none"> <li>No</li> </ul>	<ul style="list-style-type: none"> <li>Unlimited data</li> <li>Unlimited Talk &amp; Text</li> <li>30 GB Hotspot</li> </ul>	<ul style="list-style-type: none"> <li>Unlimited data with 25 GB at 4G LTE</li> <li>Unlimited Talk &amp; Text</li> <li>International Options</li> </ul>
<b>\$55 a Month Plan:</b>	<ul style="list-style-type: none"> <li>No</li> </ul>	<ul style="list-style-type: none"> <li>Unlimited Data</li> <li>Unlimited Talk &amp; Text</li> </ul>	<ul style="list-style-type: none"> <li>No</li> </ul>	<ul style="list-style-type: none"> <li>Unlimited Data</li> <li>Unlimited Talk &amp; Text</li> </ul>
<b>\$50 a Month Plan:</b>	<ul style="list-style-type: none"> <li>8GB Data</li> <li>\$0.25/minute</li> </ul>	<ul style="list-style-type: none"> <li>No</li> </ul>	<ul style="list-style-type: none"> <li>Unlimited Data</li> <li>Unlimited Talk &amp; Text</li> <li>12GB Hotspot</li> </ul>	<ul style="list-style-type: none"> <li>No</li> </ul>
<b>\$45 a Month Plan:</b>	<ul style="list-style-type: none"> <li>No</li> </ul>	<ul style="list-style-type: none"> <li>No</li> </ul>	<ul style="list-style-type: none"> <li>No</li> </ul>	<ul style="list-style-type: none"> <li>Unlimited Data with 25 GB at 4G LTE</li> <li>Unlimited Talk &amp; Text</li> <li>No international options</li> </ul>
<b>\$40 a Month Plan:</b>	<ul style="list-style-type: none"> <li>No</li> </ul>	<ul style="list-style-type: none"> <li>5GB Data</li> <li>Unlimited Talk &amp; Text</li> </ul>	<ul style="list-style-type: none"> <li>No</li> </ul>	<ul style="list-style-type: none"> <li>No</li> </ul>
<b>\$35 a Month Plan</b>	<ul style="list-style-type: none"> <li>1GB Data</li> <li>\$0.25/minute</li> </ul>	<ul style="list-style-type: none"> <li>No</li> </ul>	<ul style="list-style-type: none"> <li>Unlimited Data w/only 3GB at 4G LTE</li> <li>Unlimited Talk &amp; Text</li> <li>\$0.03/MB of Data</li> </ul>	<ul style="list-style-type: none"> <li>Unlimited Data with 3GB at 4G LTE</li> <li>Unlimited Talk &amp; Text</li> </ul>
<b>\$30 a Month Plan:</b>	<ul style="list-style-type: none"> <li>250MB Data or WiFi</li> <li>Unlimited Talk &amp; Text</li> </ul>	<ul style="list-style-type: none"> <li>Unlimited Talk &amp; Text</li> <li>\$0.03/MB</li> </ul>	<ul style="list-style-type: none"> <li>No</li> </ul>	<ul style="list-style-type: none"> <li>No</li> </ul>
<b>Can Buy at:</b>	<ul style="list-style-type: none"> <li>Target</li> <li>Walmart</li> <li><a href="#">Online</a></li> </ul>	<ul style="list-style-type: none"> <li>US Cellular Store</li> <li><a href="#">Online</a></li> </ul>	<ul style="list-style-type: none"> <li>Walmart</li> <li><a href="#">Online</a></li> </ul>	<ul style="list-style-type: none"> <li>Walmart</li> <li><a href="#">Online</a></li> </ul>

- These are just a few options available to you
- Feel free to research more
- There are contract phone plans available, but you would be tied to a contract
- You can put the pre-paid plans on auto-refill and that can usually save you money

# Emergency Action Plan



## Fire/ Evacuation\*

- Activate the nearest fire alarm.
- Exit via stairways. Do NOT use elevators. Assist persons with disabilities.
- Call 911 once outside.
- Remain outside at the designated location, account for all persons and wait for an all-clear.



## Medical Emergency

- Assess the scene for safety, number of victims and types of injuries/hazards.
- Call 911 for help with severe injuries/dangerous conditions.
- Locate first aid kit and render care to the level of your training.
- Report the accident to Environmental Health & Safety.



## Tornado Warning

- Seek shelter indoors on the building's lowest level.
- Close doors. Avoid windows. Crouch on the floor with hands over your head.
- Wait for an all-clear.



## Hurricane

- If an evacuation order is issued:**
- Prepare to depart: Pack supplies, medicines and valuables.
  - Unplug and cover computers and sensitive equipment. Move these items off the floor and close your doors.
  - Once you leave campus, do not expect to return until the university re-opens.

- After campus re-opens:**
- Take note of items damaged and report accordingly.



## Hazardous Material/ Odor of Gas

- Take action: If the spill exceeds your capabilities in size, training or personal protective equipment, contact EH&S.
- Call 911 if the spill is large or presents a significant hazard.
- Evacuate\* if necessary.

\*Evacuation procedures are posted near exits in each building.

### Safety Awareness/Accident Prevention

- Prepare: Visit EH&S at [uncw.edu/emergencyandsafety](http://uncw.edu/emergencyandsafety) for training, resources and information.
- Learn: Be first-aid/CPR trained.
- Know: Identify the locations of first-aid kits and defibrillators. Contact EH&S for help.
- For any questions or more details about this emergency action plan, contact the emergency manager at 910.962.3057.

\_\_\_\_\_  
Building address

\_\_\_\_\_  
Building assembly point

\_\_\_\_\_  
Building emergency coordinator



Emergency ..... 911  
 Environmental Health & Safety ..... 910.962.3057  
 University Police ..... 910.962.2222  
 Physical Plant Work Order Desk .... 910.962.3101

# UNCW Directory

The UNCW directory can be used to find staff, professors, and departments on campus. The directory provides you with contact information including phone numbers, emails, and office locations.

You can search for individuals by:

- First name
- Last name
- Or Department

There is also a printable PDF of the faculty & staff directory available.

Directory website: [www.uncw.edu/directory](http://www.uncw.edu/directory)





The UNCW [Technology Assistance Center \(TAC\)](#) can be used to find information regarding technical solutions for students. TAC is located on the first floor of Randall Library. TAC provides “[self-help](#)” solutions as well as the option to submit a ticket.

**Steps for submitting a TAC ticket:**

1. Click [here](#) to submit a ticket
2. Click on the category you have an issue with
3. Choose which sub-category best describes your issue
4. Click submit a ticket

**On Campus Walk-In / Chat Hours: Monday-Thursday 8 AM- 12 AM, Friday 8AM-6 PM, Saturday 12 PM- 6 PM, and Sunday 10 AM- 12 AM**

Hours subject to change based on Randall Library Hours



# UNCW Portal Information

## Resetting Your Password

You must register your account in order to be able to reset your password. Register your UNCW account [HERE](#).

## MySeaport

MySeaport is an all-access site where you can view the following:

1. Your E-Bill
2. Course Schedule
3. Meal Plan Information

*Please complete the Skillport Training to learn more about UNCW systems.*

## UNCW Systems

Your UNCW e-mail is also your username (without the “@uncw.edu”) for the following portals:

1. [Library Research Portals](#)
2. [Canvas](#) (your classroom portal)
3. [Terra Dotta](#) (immigration portal)

## Your Terra Dotta Portal

Your UNCW e-mail password is directly connected to your [Terra Dotta](#) portal. If you change your UNCW e-mail password, your Terra Dotta password will also change. The password for MySeaport and Terra Dotta password is the same. It is used to:

1. Update your immigration record
2. Provide you information about immigration
3. Assist you with U.S. regulations

## Your Student ID (850 Number)

Every student receives a student ID number (850 number). [Your 850 number is found on page 2 of your acceptance letter](#). It is also listed on your UNCW One Card. You will use this number for:

1. [seanet.uncw.edu](http://seanet.uncw.edu) (registration, class schedule, professor information, records, etc.)
2. [E-Bill Portal](#) (fees you owe, payment)

*\*Note, your password for these portals are different from the UNCW e-mail*

## **Mailing Information for International Students**

It is a requirement for students who live on-campus to purchase an \$11 post office box at UNCW. This will automatically be charged to your account.

To receive mail to your UNCW campus box, the package must be addressed as follows:

Student's Complete Name  
UNCW Station - CB # \_ \_ \_ \_ \_  
601 South College Road  
Wilmington NC 28407 - \_ \_ \_ \_ \_

**CB#** = Campus Box Number (your mailbox number) is a **5 digit code**

### **Zip Code:**

Use the UNCW zip code + the **last 4 digits of your campus box number** to have items sent to your UNCW mailbox

*\* Please note that UNCW has been assigned a unique zip code for incoming student mail. This zip code, 28407, is to be included on all incoming student mail.*

### **How to find your PO (Post Office) Box Number**

1. Log into [My Seaport](#) using your e-mail address (without @uncw.edu) and your password
2. Click "Student Services" at the top of the page
3. Click "Seahawk Mail" under the quick links

If you have trouble finding your PO Box number, you can call Seahawk Mail at 910-962-3750 or e-mail them at [Postal@uncw.edu](mailto:Postal@uncw.edu).

**PO Box Location:** Fisher University Union (if you cannot find its location, contact [Postal@uncw.edu](mailto:Postal@uncw.edu))

**Packages:** Seahawk Mail will notify you by e-mail to come to the mail window located in the Fisher University Union to sign for and receive your package.

# Health

UNCW Office of International Students & Scholars

**UNCW Abrons Student Health Center:** provides student-centered, affordable and quality health care. The health center is made up of medical services, health promotion, and pharmacy. Students should make every effort to visit the health center first before visiting an off-campus provider as this will save them money. Doctor consultation is free of charge; however, payment must be made for services such as tests, lab work, and medications. Always request a copy of your receipt to send to your insurance company to get part of your money back. The student health center is located on the second floor of **DePaolo Hall**.

**Regular business hours are Monday-Friday 8 AM and 5 PM (On Thursday's they open at 9 AM). Always Go to the Student Health Center First!**

Appointments can be made [online](#) or by calling 910.962.3280

# Counseling Center

UNCW Office of International Students & Scholars



## LOCATION

They are located in **DePaolo Hall** on the second floor in the west side of the building in **Room 2079**.

The goal of the [Counseling Center](#) is to assist enrolled students in maximizing their success at UNCW and in life. The center's staff provides confidential, time-effective counseling services to help students build a successful college experience. Services include individual and group counseling for personal or relationship concerns. In addition, staff members provide outreach and consultation services on a broad range of topics for students, faculty, staff and the university community.

**Counseling Center hours of operation: Monday-Friday, 8:00 am-5:00 pm**

**Walk-In Hours: Monday-Friday, 1:00 pm-4:00pm**

**Summer Hours: Monday-Thursday, 7:30 am-5 pm; Friday, 7:30-11:30 am**



# Frequently Asked Questions about UNCW Counseling Center

## What is counseling?

Counseling is a collaborative process between counselor and client. This relationship is an important one and includes:

- A caring, respectful environment
- Mutually agreed upon goals for counseling
- Answers to your questions about this process

## How do I make an appointment?

Go to the second floor of DePaolo Hall and schedule with the receptionist for an initial intake session.

## What if I need to be seen quickly?

The Counseling Center has staff available daily for “crisis and emergency” clients. Following a brief intake session to assess your needs, you will be referred for individual, group counseling or other appropriate services.

## Does it cost?

Counseling services are free to enrolled students.



The [University Learning Center](#) is committed to being a vital part of UNCW students' education. Our academic support services are based on the principle that quality learning takes place when peers work collaboratively to develop knowledge and build skills. The University Learning Center provides students a learning environment and experience that differs from the classroom; they focus on high quality individual, small-group and large-group student centered and student-led learning.

### **Academic Achievement**

In keeping with the ULC mission to foster independent learning and transferable skills, the [Academic Achievement](#) pages provide information and links for students seeking to strengthen their academic success skills.

### **Math Services**

The Math Lab supports students by providing tutoring for all Math and Statistics courses (such as MAT 151 & STT 215), as well as any course with a math or statistics component. In addition, students who visit the Math Lab can get help with math study skills and math anxiety.

### **Study Sessions**

[Study Sessions](#) are drop-in, peer-facilitated group tutoring sessions for select courses. Group leaders help students review lecture notes, address study skills, discuss textbook readings, and prepare for tests. No appointment is necessary.

### **Tutoring Services**

[Tutoring Services](#) provide one-on-one content tutoring for *most* University Studies courses. Tutors are qualified UNCW students trained to work

effectively with other UNCW students and support them in achieving their academic goals.

## Writing Services

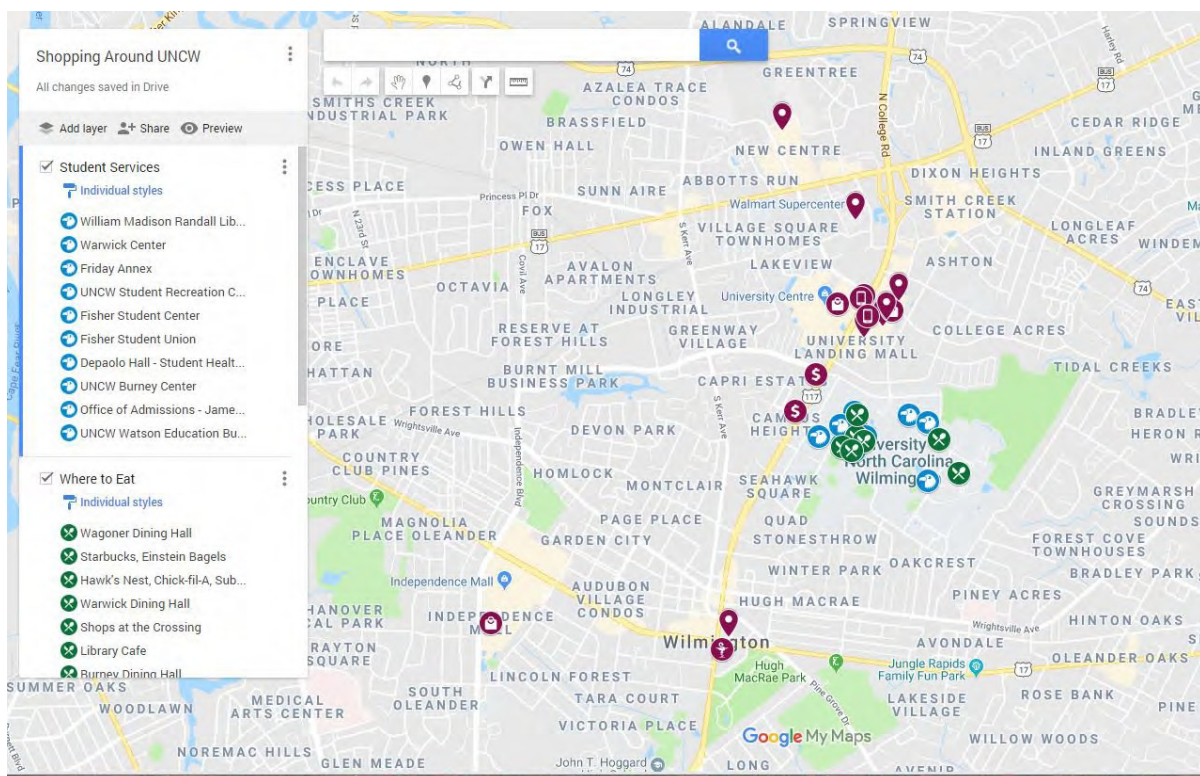
All writers need readers, and the more readers you have while drafting a paper, the better your paper can become. Writing Services provides experienced peer readers for all UNCW students as they develop and improve their writing skills. Writing Services are not remedial, but designed for all student writers who want to improve their papers. Students can get help with their writing in three ways: [The Writing Center](#) provides on-on-one writing sessions led by faculty recommended peer writing consultants. Students can also receive an electronic response to their developing papers through our [Online Writing & Learning \(OWL\)](#) program. Students can drop-in at our [Writing Lab](#) for help with quick questions about their developing papers.

**Contact Us:** [ulc@uncw.edu](mailto:ulc@uncw.edu)

# Shopping

UNCW Office of International Students & Scholars

[Click Here!](#)









# Restaurants

UNCW Office of International Students & Scholars

## Asian

**101 Tokyo**, 880 Town Center Drive, Wilmington, NC. (910) 399-3101

**Asahi Ting**, 5709 Oleander Drive, Wilmington, NC. (910) 392-1868 **Asian**

**Buffet**, 2541 Carolina Beach Road, Wilmington, NC. (910) 763- 8800

**Asian Fusion Noodle House**, 4724 New Centre Drive, Wilmington, NC.

(910) 859-8242

**Bdobo Mongolian Grill**, 419 South College Road, Suite 35, Wilmington,

NC. (910) 790-3800

**Big Thai Restaurant**, 1319 Military Cutoff Road, Suite L, Wilmington, NC.

(910) 256-6588

**Blue Asia**, 341 South College Road, Road Suite 52, Wilmington, NC. (910) 799-

0002

**China Garden**, 1988 Eastwood Road, Wilmington, NC. (910) 509-

4288

**China King Restaurant**, 845 South 17<sup>th</sup> Street, Wilmington, NC. (910) 762-

3318

**China One**, 8207 Market Street, Suite B, Wilmington, NC. (910) 686- 8588

**China Wok**, 1929 Oleander Drive, Suite B, Wilmington, NC. (910) 763-5525

**Genki Japanese & Sushi Restaurant**, 4724 New Centre Drive, Suite 5,

Wilmington, NC. (910) 796-8687

**Indochine**, 7 Wayne Dr, Wilmington, NC (910) 251-9229

**Kabuki Japanese & Korean Barbecue**, Suite 2, 4102 Oleander Dr.  
(910)350-3332

**Paper Crane**, 420 Eastwood Rd #103, Wilmington, NC (910) 395-7008

**Yosake**, 33 South Front St, Wilmington, NC (910) 763-3172

### Italian

**A Taste of Italy**, 1101 South College Road, Wilmington, NC. (910) 392-7529

**Carrabba's Italian Grill**, 15 Van Campen Blvd, Wilmington, NC. (910) 794-9094

**Osteria Cicchetti**, 1125 K Military Cutoff Road, Wilmington NC 28405.  
(910) 256-7476

**Roko Italian Cuisine**, 6801-105 Parker Farm Drive Wilmington, NC  
28405 (910) 679-4783

**Slice of Life**, 122 Market St, Wilmington, NC (910) 251-9444

**Crust Kitchen**, 124 Princess St, Wilmington, NC (910) 399-1263

### Middle Eastern/Greek/Mediterranean

**Olympia**, 5629 Oleander Dr. (910)796-9636

**Peno**, 351 South College Road #29, Wilmington, NC 28403, (910) 769-1056

### French

**Brasserie Du Soleil**, 1908 Eastwood Road, Suite 118, Wilmington, NC.  
(910) 256-2226

**Caprice French Bistro**, 10 Market Street, Wilmington, NC. (910) 815- 0810

## Mexican

**Camino Real Mexican Restaurant Bar & Grill**, 2307 North College Road, Wilmington, NC. (910) 790-0494

**El Cerro Grande**, 341 South College Road #60, Wilmington, NC. (910) 793-0035

**Islands**, 260 Racine Dr., Wilmington, NC (910) 799-2109

**La Tapatia**, 812 South College Road, Wilmington, NC. (910) 397-7707

**Plaza Mariachi**, 326 South College Rd, Wilmington, NC. (910) 313-6894

**Tower 7 Baja Mexican Grill**, 4 N Lumina Ave, Wrightsville Beach, NC (910) 256-8585

## American

**Carolina Ale House**, 317 South College Rd, Wilmington, NC (910) 791-9393

**Hops Supply Co.**, 5400 Oleander Dr., Wilmington, NC (910) 833-8867

**Blue Surf Café**, 260 Racine Dr., Wilmington, NC (910) 523-5362

**Famous Toastery**, 6722 Wrightsville Ave, Wilmington, NC (910)256-7030

**Sweet n Savory Café**, 1611 Pavilion Pl, Wilmington, NC 28403 (910)256-0115

## Jamaican

**Jamaica's Comfort Zone**, 417 South College Road, Suite 24, Wilmington, NC. (910) 399-2867



# Places of Worship

UNCW Office of International Students & Scholars

## Baptist

**First Assembly of God**, 4927 Wrightsville Avenue, Wilmington, NC (910) 791-3671

**Calvary Baptist Church**, 423 North 23<sup>rd</sup> Street, Wilmington, NC, (910) 762-5608

**College Acres Baptist Church**, 702 Eastwood Road, Wilmington, NC, (910) 799-3773

**Lake Forest Baptist Church**, 1626 Lake Branch Drive, Wilmington, NC, (910) 763-6053

**Northside Church**, 2501 North College Road, Wilmington, NC, (910) 791-6053

**Seagate Baptist Church**, 6115 Oleander Drive, Wilmington, NC, (910) 791-8943

**Shiloh Baptist Church**, 719 Walnut Street, Wilmington, NC, (910) 762-1690

**Southside Baptist Church**, 3320 South College Road, Wilmington, NC, (910) 762-1690

**Sunset Park Baptist Church**, 231 Central Blvd, Wilmington, NC, (910) 762-4486

**Winter Park Baptist Church**, 4700 Wrightsville Avenue, Wilmington, NC, (910) 791-4725

**Union Missionary Baptist Church**, 2711 Princess Place Drive, Wilmington, NC, (910) 763-3006

## Catholic

**Catholic Campus Ministry**, 4802 College Acres Drive, Wilmington, NC (910) 792-0507

**St. Mary Roman Catholic Church**, 412 Ann Street, Wilmington, NC, (910) 762-5491

**St. Mark Roman Catholic Church**, 1011 Eastwood Road, Wilmington, NC, (910) 398-6509

**Immaculate Conception**, 6650 Carolina Beach Road, Wilmington, NC, (910) 791-1003

## Episcopal

**Church of the Good Shepherd Episcopal Church**, 515 Queen Street, Wilmington, NC, (910) 763-6080

**St. Andrew Episcopal Church**, 101 Airlie Road, Wilmington, NC, (910)256-3034

**St. John Episcopal Church**, 1219 Forest Hills Drive, Wilmington, NC, (910) 762-5273

**St. Paul's Episcopal Church**, 16 North 16<sup>th</sup> Street, Wilmington, NC, (910) 762-4578

## Lutheran

**St. Matthew Lutheran Church**, 612 South College Road, Wilmington, NC, (910) 791-4582

## Methodist

**Fifth Avenue United Methodist Church**, 409 South 5<sup>th</sup> Avenue, Wilmington, NC, (910) 763-2621

## Presbyterian

**Cape Fear Presbyterian Church**, 2606 Newkirk Avenue, Wilmington, NC, (910) 762-9693

**Wilmington Presbyterian Church**, 1416 Market Street, Wilmington, NC, (910) 762-9693

**Winter Park Presbyterian Church**, 4501 Wrightsville Avenue, Wilmington, NC (910) 762-9693

**Korean Presbyterian Church**, 231 Englewood Drive, Wilmington, NC, (910) 799-6645

## Mormon

**Church of Jesus Christ of Latter-day Saints**, 514 South College Road, Wilmington, NC, (910) 791-4362

## Islamic

**Tauheed Islamic Center of Wilmington**, 721 Castle Street, Wilmington, NC, (910) 343-8034

## Judaic



**Beth Simcha Messianic Jewish Congregation**, 7957 Market Street, Wilmington, NC, (910) 681-0117

**B'nai Israel Synagogue**, 2601 Chestnut Street, Wilmington, NC, (910) 762-1117

### **Buddhist**

**Tung Lam Buddhist Temple**, 622 Gordon Road, Wilmington, NC, (910) 833-8976

**Buddhist Association of North Carolina**, 1610 Midway Road, Bolivia, NC, 28422, (910) 253-4526

### **Other**

**United Advent Christian Church**, 4912 South College Road, Wilmington, NC, (910) 791-6383

**Wilmington Seventh-Day Adventist Church**, 2833 Market Street, Wilmington, NC, (910) 762-1932

**Covenant Moravian Church**, 4126 South College Road, Wilmington, NC, (910) 799-9256

**Port City Community Church Wilmington**, 250 Vision Drive, Wilmington, NC, (910) 202-8800

**Lifepoint Church**, 3534 South College Road Suite A, Wilmington, NC, (910) 794-3100

**New Beginning Christian Church**, 3120 Alex Trask Drive, Castle Hayne, NC, (910) 341-7984

**Purpose Church International**, 1470 North Kerr Avenue, Wilmington, NC, (910) 399-1838

**The Bridge Church**, 2101 Market Street, Wilmington, NC, (910) 447-9456

### **Services in Korean**

**Korean Presbyterian Church**, 231 Englewood Drive, Wilmington, NC, (910) 799-6645

**Wilmington Korean Baptist Church**, 4602 South College Road, Wilmington, NC, (910) 392-7048

**Peace Korean Ministry**, 320 Military Cutoff Road, Wilmington, NC, (910) 791-4034

### **Services in Spanish**

**Iglesia De Dios Pentecostal**, 359 Mercer Avenue, Wilmington, NC (910) 762-2379

**Global River Church**, 4702 South College Road, Wilmington, NC, (910) 392-2899

**Primera Iglesia Bautista**, 301 Northern Blvd, Wilmington, NC, (910) 251-3446



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