Carl von Ossietzky
Universität
Oldenburg

OLTECH - Mentoring programme for young researchers

in cooperation with
Equal opportunity office for School V - School of Mathematics and Science, School VI – School of Medicine and Health Sciences, Hearing4all
and collaborating research training groups (SFBs)

11/2022 – 10/2023

OLTECH
GRADUATE SCHOOL
SCIENCE, MEDICINE AND TECHNOLOGY

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You can join the programme, if you are:

- a PhD student
- enrolled in the Graduate School Science, Medicine and Technology – **OLTECH**
- member of the **School V** – School of Mathematics and Science or member of a SFB or other coordinated programme, or of Department of Computing Science (DfI)
- member of the **School VI** – School of Medicine and Health Sciences
- a disadvantaged or discriminated scientist due to your gender and or other conditions

➢ Maximum of 12 participants
➢ Language: English

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What is a mentoring?

- An older and experienced “**mentor**” shares knowledge with you and supports you in finding your personal career
- The mentor is like a wise person, who you can ask all about the profession and career you like to reach
- One-to-one mentoring is usually complemented by a supporting programme that prepares you as a “**mentee**” for their role and offers opportunities for networking and reflecting on the mentoring process.
- Mentoring is a non-hierarchical partnership and does not involve authority to issue instructions.
- The duration of a mentoring partnership is limited. Regular contact is maintained throughout the mentoring period.
- In addition, training workshops or lectures are usually offered that are specifically tailored to the needs of the mentees.

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Concept and Goal of our Mentoring

Young researchers:

- Actively addressing their career options
- Learning methods for career development
- Building a network and improve networking strategies

This will be done through:

- Career phase-specific trainings e.g. workshops & lectures
- Offering a frame for a fruitful mentoring partnership

https://uol.de/en/oltech/courses-events/mentoring

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Program overview

Find a mentor

Meetings with the mentor

Oct. 22

Nov. 22

Dec. 22

Jan. 23

Feb. 23

Mar. 23

Apr. 23

May 23

Jun. 23

Jul. 23

Aug. 23

Sep. 23

Oct. 23

Kick-off –Workshop: Preparation & goal setting
Official opening and introduction of the programme. Methods and strategies for individual career management and for finding the right mentor.
In presence 21. & 22. November 2022 (1,5 days) or online

Coaching hour:
between December 2022 and February 2023

1st Meeting: Starting your effective mentoring relationship
In presence 2. February (1 day)
or online: 2. & 3. February 2023 (09:00 – 12:00)

Fire side chat
“Science management”

Half Year Meeting
26. May 2023 (1/2 day)

Fire side chat
“working in industry”

Extra Workshop: Conflict resolution / leadership / self presentation / interview skills **t.b.d.**

Final Workshop: Closing symposium (partly with Mentors): Reflection of the program. Career & networking strategies for your future career.
In presence 26.-27. October (2 days) or
Online

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Mentoring – time and effort

- **Mentor-Mentee relationship**:
  - Support finding a mentor
  - Monthly meetings with the mentor (~ 2 hours)
  - Two group Workshops (1,5 - 2 days)
  - Two day (or half day) Meetings
- 5 days workshops within a year on career management, communication and more
- Optional:
  - Further thematically **workshops**
  - Two evening **talks** (Fire side chats, 2 hours)
  - Individual **coaching** (1 hour)

- **… and even 6 Credit points**

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Application

- **Motivation letter** and **Application form** for mentees
- Sent the application to the coordinator of the OLTECH graduate school: **Dr. Ferdinand Esser**: **oltech@uol.de**
- https://uol.de/en/oltech/courses-events/mentoring
- **Deadline: 12. October 2022**

- Join the **info event** to the OLTECH - Mentoring programme for young researchers: **04.10.2022 at 14:00**
- Online meeting: https://meeting.uol.de/b/fer-6iq-0xn-xuy)

OLTECH GRADUATE SCHOOL SCIENCE, MEDICINE AND TECHNOLOGY

Coordinator:
Dr. Ferdinand Esser
Graduate School Science, Medicine and Technology (OLTECH)
E-Mail: oltech@uni-oldenburg.de
https://uol.de/en/oltech

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Obligatory participation:

- ***Once you have accepted the mentoring programme, participation is obligatory.***
- ***Active participation is expected.***
- ***Cancellation is only possible with a valid (medical) reason. In the event of non-participation without a reason, expenses must be paid.***

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Mentoring Program in a nutshell

Target group:	Doctoral candidates from their 2nd year of PhD, member of Graduate School Science, Medicine and Technology – OLTECH, Members of the FK V and FK VI or Dep. for Informatics or member of Hearing4all, a SFB or other coordinated programme
Mentor:	Are approached by the mentee and can come from companies, public authorities, industry, consulting institutions, universities, etc.
Duration:	12 month (11/2022 to 10/2023)
Number of participants	12 Mentees
Start	17. November 2022
Fee:	Participation is free of charge
Language:	English

The mentoring program is opened by patron **Prof. Dr.-Ing. Astrid Nieße**, Deputy Director of OLTECH from Faculty II-Department of Informatics.

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